## The 14th Annual Death March to the Sea

August 18th, 2011 Opening Ceremonies: 9:30am March Begins: 10am

Welcome to the March. Let's have fun people! This year's theme is ABC (Anything But Clothes)!

We are hiking in Topanga State Park from the south end of Reseda Blvd. to the ocean at the intersection of PCH and Sunset. It is a 12+ mile hike. **Do not start the hike unless you know how you are getting back.** If you need a ride, ask around for team leaders; they *may* have extra space for you. Please respect the park. **Leave no trace. Pick up any trash you see.** Let's leave the trail better off than we find it today.

Please be sure you have at least 1 quart of water, more if you plan on drinking alcohol or caffeine. There is **one water refill point at Musch Camp**; **USE IT**. Please be sure to drink heartily. People have died in the desert with full canteens. In other words, "**Drink 'til you slosh.**"

There is a route description and map on the back, but if you happen to get lost, the number one rule is **DON'T PANIC**. Stay calm and follow the trail. If you are lost, do not try to take short cuts through the underbrush; you are much safer on the trail. There is a ranger station at Trippet Ranch and civilization on most sides of Topanga Park. Just follow a trail and you will be fine. Number two rule is to **stay with the group**. Many of us have done this hike many times, so if you are worried, try to stay with an officer. You'll know us by our flags and noise makers.

Watch out for rattlesnakes and other wildlife. Leave them alone and they will leave you alone. Also watch out for **poison oak**. There is a lot of it on the shadier parts of this hike, so do not touch the plants, especially the three leafed shiny ones!

#### **Punishments**

Punishments are voluntary actions you take to make the march harder. If you think a 12+ mile hike is punishment enough, ignore these. However, if you want to earn silly titles, honor and bragging rights, fill out the following and give it to one of the officers. For details, ask an officer!

Your Real Name (This will not be published	):		Your March Name: (This will be publi	shed):
Email:			Twitter:	
Personal Punishments  Do your own original punishment! What did you do?			Flagbearing Punishment Did you bring a large flag?  YES	NO
Title for it:	-		Noisemaking Punishment  Did you bring a noise maker/instrument? YES	NO
Alcohol Consumption Punishment  Did you consume alcohol on the march?  If yes, what country do you want to protect?	YES	NO	Vegetarianism Punishment         Did you eat any meat?       YES         Did you eat vegetarian chili?       YES         What animal do you want to protect?	NO NO
Tommy's Chili Punishment  Did you eat Tommy's Chili food product on the March?  What title do you want? (ex. Sir, Lady, Boss, etc.)	YES	NO	Long Sleeves and Pants Punishing Did you wear long pants and long sleeves? YES Did you roll them up?  Marching in Drag Punishment Did you march in clothing of the other gender? (f	NO ES NO

# The Death March Web Site (http://deathmarchtothesea.com) is hosted by Turtle Systems, LLC.

## Visit them at http://turtlesys.net for web design, hosting, domain registration, and more!

### **Banquet**

Once the March is done, we will be gathering at **6439 Kenwater Ave. in West Hills (near Platt and Victory, 101 N Valley Circle Off-Ramp)** for the Banquet. We will be firing up the BBQ pits and pizza oven! This will be a potluck event, so please stop by somewhere on the way over and pick up some grillables, pizza toppings, and/or adult beverages.

### **Achievements**

These have to be accomplished only once. Check the ones you do, but remember, there's always next year.

- o Gracious Bounty Share food or drinks with at least 6 people.
- Great Bounty Share food or drinks with at least 15 people.
- Ridiculous Bounty Share food or drinks with everyone on the March.
- Rock Star Perform a musical piece of at least 1 minute length at Opening Ceremonies or Eagle Rock.
- Greenfriend Pick up every single piece of trash you see over the course of the Death March. Leave no trash of your own behind.
- Alcoholics Unanimous Drink five servings of alcohol during the course of the March.
- Photogenic Have your picture taken standing on top of the highest point of Eagle Rock.
- Patriot Have your picture taken at the Altar of Freedom.
- MacGyver Fashion some sort of device to assist a fellow Marcher in their time of need.
- Early to Rise Walk from the Sea to the top of Reseda before the Opening Ceremonies on the day of the March.
- Absolute Twit Tweet your location at least 10 times during the March.
- Head in the Clouds Visit the Parker Mesa Overlook.
- Speedster Complete the Death March in under 7 hours.
- SpeedSTAR Complete the Death March in under 6 hours.
- Speed Demon Complete the Death March in under 5 hours.
- o Champion of the Sea Finish the Death March first.
- Waterlogged Completely submerge yourself in the ocean upon completion of the Death March.
- Voice of the People Propose a bylaw that is radified by the end of the March. May not be earned by Officers.
- Paparazzi Take 50 pictures of the Officers on the March.
- Are you guys a club or something? Dress to the theme of the March.
- Treasure Hunter Find a geocache during the March.
- Paleontologist Take your picture with the stromatolites.

#### **March Route**

Please note distances are approximate. If possible, stay with the group! It's more fun that way.

- Head up the hill from the end of Reseda to Mulholland Dirt Road for ¼ mile. At the top of the hill, go slight left.
- Go ½ mile down Mulholland. Look for the cougar sign. At the sign, turn right and follow the Bent Arrow Trail.
- Take the Bent Arrow Trail ½ mile. Turn left at Temescal Fire Road at the end of the Bent Arrow Trail.
- Take the Fire Road 1½ miles to the Hub. At the Hub, take the rightmost trail up towards Eagle Rock.
- 5. Take the trail up 1 mile. Stop for lunch at Eagle Rock.
- Head back for the trail and go left. Do not go back towards the hub. Follow the trail for a ½ mile.
- Turn right at the Musch Trail. Don't miss this narrow turn off! Follow it for 1 mile.
- 8. Stop for water at Musch Camp.
- 9. Continue on the Musch Trail for 1 mile to Trippet Ranch.
- Head up Trippet Lane. Turn right on to East Topanga Fire Road. Go for 3 miles towards Pacific Palisades.
- Turn left at the Parker Mesa trail junction. Do not go to the Parker Mesa overlook, unless you want to add miles to your hike. Go 2 miles to the Los Liones Trail.
- 12. Turn right at the Los Liones Trail. If you come to Paseo Miramar, you missed the turnoff.
- 13. Take the Los Liones Trail 1 mile to Los Liones Drive.
- Take Los Liones Drive ½ mile to Sunset Boulevard. Turn right.
- 15. Take Sunset Blvd 1/4 mile to PCH.
- 16. Go down to the Beach and touch the Ocean!
- 17. Sign in at the tent with the timekeeper. Congratulations! You did it!